

中国书法课教学目的与要求

Syllabus

课程(Course): 中国书法 (Chinese Calligraphy Chin 200R)
教师(Teacher): 樊端然 (Duanran Fan)教室(Classroom):
 待定 (TBA)
教学时间(Office Hours): 待定 (TBA)
电子邮件(e-mail): zhizhongfan@yahoo.com.cn

1. 教材《字髓》楷书分册, 樊端然著Textbook: The Essence of the Character
Author: Duanran Fan

2. 学习用具: 毛笔, 墨汁, 及吸水性纸
Stationary: brush pen, black ink and water-absorbing paper

3. 课程内容: 掌握基本的执笔, 用笔的方法; 能写一百个准确无误的汉字;
基本掌握汉字正楷的结字规律; 了解汉字书法的起源, 变化和基本的四种体式
(正楷书, 篆书, 隶书及行草书).

Course Objectives: Upon completion of the course study, you will be able to master the basic techniques of holding and using a brush pen; to write one hundred Chinese characters correctly; to understand the basic structures of Chinese characters in regular script; to understand the origin of the Chinese calligraphy, and its variety in four basic styles (regular script, seal character, official script, running script, and cursive hand).

4. 家庭作业: 每周完成二十个正楷字. 每次作业满分为100分.
Homework: Write twenty characters in regular script style. For every completion of the homework you gain 100 points.

5. 考试: 期末考试一次.
Exams: There will be one final exam.

6. 评分标准:
Grading: The final grade is determined as follows:
作业 (Homework): 50% (10 Assignment, 5% each.)
期末考试 (Final Exam): 50%

93-100% = A	90-92% = A-	87-89% = B+	83-86% = B
80-82% = B-	77-79% = C+	73-76% = C	70-72% = C-
67-69% = D+	63-66% = D	60-62% = D-	0-56% = E

本学期共有十四次课。每次上课内容如下：

There are 14 classes in this semester. The content of each class is listed as follows:

第一周：

- (1) 介绍：教学目的，要求，教学规定，记分制度，教科书及文具。
- (2) 课堂讲授：介绍中国书法及简明历史和变化。
- (3) 姿势：坐姿与站姿。握笔方法。
- (4) 笔画练习：横，折，撇，捺。

1st week:

- (1) Introduction: Course objectives; requirements; teaching regulations; grading system; textbook and stationeries.
- (2) Class: Introduction on the Chinese calligraphy and its brief history and changes.
(Oracle, seal character, official script, regular script, running script and cursive hand script.)
- (3) Posture requirements: sitting posture and standing posture. Methods of holding a brush pen.
- (4) Radicals for practice: hen (horizontal stroke), shu (vertical stroke), pie (left-falling stroke) and na (right-falling stroke).

第二周：

- (1) 复习已学笔画：横，折，撇，捺。
- (2) 笔画练习：点，竖勾，竖弯勾。
- (3) 关键字练习：见教科书。

2nd week

- (1) Review the radicals learned: hen (horizontal stroke), shu (vertical stroke), pie (left-falling stroke) and na (right-falling stroke).
- (2) Radicals for practice: dian (dot stroke), shugou (vertical stroke with a small left kick-out at the end), and shuwangou (vertical stroke with a bending at the end).
- (3) Characters for practice: See the textbook.

第三周：

- (1) 复习已学笔画：点，竖勾，竖弯勾。
- (2) 笔画练习：折，横折。
- (3) 关键字练习：见教科书。

3rd week

- (1) Review the radicals learned: dian (dot stroke), shugou (vertical stroke with a small left kick-out at the end), and shuwangou (vertical stroke with a hook at the end).
- (2) Radicals for practice: zhe (turning stroke) and hengzhe (horizontal stroke with a hook).
- (3) Characters for practice: See the textbook.

第四周：

- (1) 复习已学笔画：折，横折。
- (2) 笔画练习：三点水，绕丝旁，提手旁，木字旁，单人旁，双人旁。

(3) 关键字练习：见教科书。

- 4th week (1) Review the radicals learned: zhe (turning stroke) and henzhe (horizontal stroke with a turning).
(2) Radicals for practice: sandianshui (three-dot stroke), raosipang (silk stroke), tishoupang (raising hand stroke), muzipang (wood-log stroke), danrenpang (single-person stroke) and shuangrenpang (two-person stroke).
(3) Characters for practice: See the textbook.
(4) Summary of the radicals.

- 第五周：
(1) 结字规律
(2) 笔划空间
(3) 左右结构
(4) 上下结构
(5) 上中下结构
(6) 字的练习（具体见教科书）

- 5th week (1) The principles of character components.
(2) Spacing in between strokes.
(3) Left-right structure.
(4) Up-down structure.
(5) Up-middle-down structure.
(6) Characters for practice: See the textbook.

- 第六周：
(1) 复习结字规律
(2) 复习基本笔划
(3) 字的练习（具体见教科书）

- 6th week (1) Review the principals of executing characters.
(2) Review the basic radicals learned.
(3) Characters for practice.

第七周：
期中考试

7th week Mid-term Exam

- 第八周：
(2) 结字规律，重点在空间留白的分析
“间”，“整”，“国”，“美”和“书”。
(3) 笔画的准确与力度
“天”，“水”，“月”，“戈”和“安”。

(3) 字的练习（具体见教科书）

- 8th week (1) More on the principals of character components.
Space analysis on the following characters: 间, 整, 国, 美 and 书。
(2) The accuracy and strength of strokes.
Key characters for practice: 天, 水, 月, 戈 and 安。
(3) Characters for practice: See the textbook.

第九周:

- (1) 笔划的轻重变化
1) 横轻竖重
2) 重按轻提
3) 抢锋
4) 上下承接
(2) “真”, “假”, “方”, “园”, “粗”,
“细”, “这”, “那”, “文”, “丈”, “东” and “西”。

9th week (1) Changes of stroke styles: light strokes and heavy strokes.
Style principles:

- 1) Heng qing shu zhong: Apply light stroke when writing across and heavy strokes when writing up and down.
2) Zhong an qingt: Apply light strokes when raising your brush pen and heavy strokes when pressing a stroke.
3) Qiangfeng: control your brush pen at the end of a stroke.
4) Chufeng: extend and stop your brush pen properly at the end of a stroke.
(2) Key words for practice: 真, 假, 方, 园, 粗,
细, 这, 那, 文, 丈, 东 and 西。

- 第十周:
(1) 结构的全面复习
(2) 笔划的全面复习
(3) 写过得字的复习

10th week (1) General review on stroke spacing of characters.
(2) General review on strokes.
(3) Review the characters practiced.

第十一周:

- (1) 讲述: “用笔何如结字难, 纵横聚散最相关。”
(2) 示范: 结字的方法
(3) 字的练习（具体见教科书）

11th week (1) Lecture: The essence of using a brush pen in calligraphy strokes.
(2) Demonstration: Ways of executing strokes in calligraphy.
(3) Characters for practice: See the textbook.

第十二周:

- (1) 重述结字的原理:
1) 空间

- 2) 留白
 - 3) 排列
 - 4) 穿插
 - 5) 轻重
 - 6) 粗细
 - 7) 提按
- (2) 评述：用笔，结字，

- 12th week (1) Review the principles of character components.
- 1) Spacing
 - 2) Leaving spaces
 - 3) Stroke orders
 - 4) Insertion
 - 5) Strength of strokes: light and heavy strokes
 - 6) Thick and thin strokes
 - 7) Raising and pressing the brush pen when executing a stroke
- (2) Comments:
Use of a brush pen
Executing strokes
Various styles

第十三周：

- (1) 字的练习（具体见教科书）
- (2) “学而时习之，不易说乎。”

- 13th week (1) Characters for practice: See the textbook.
(2) Writing practice: 学而时习之，不亦说乎。

第十四周：

期末考试。

- 14th week Final Examination:

Useful words and expressions related to calligraphy

Radicals

横 heng	(horizontal stroke)
竖 shu	(vertical stroke)
撇 pie	(left-falling stroke)
捺 na	(right-falling stroke)
点 dian	(dot stroke)
竖勾 shugou	(vertical stroke with a small left kick-out at the end)
竖弯勾 shuwangou	(vertical stroke with a hook at the end).
折 zhe	(turning stroke)
横折 hengzhe	(horizontal stroke with a hook)

三点水 sandianshui	(three-dot stroke)
绕丝旁 raosipang	(silk stroke)
提手旁 tishoupang	(raising hand stroke)
木字旁 muzipang	(wood-log stroke)
单人旁 danrenpang	(single-person stroke)
双人旁 shuangrenpang	(two-person stroke)

Useful calligraphy terms

笔法	technique of writing, calligraphy and drawing
笔力	vigor of strokes in calligraphy
笔墨	pen and ink
笔杆	the shaft of a pen
笔套	the cap of a pen
笔筒	pen container; brush pot
笔尖	nib, pen point
笔顺	order of strokes observed in calligraphy
笔画	strokes of a Chinese character
部首	radicals by which characters are arranged in traditional dictionaries
偏旁	character components, basic structural parts of Chinese characters (as 人 in 住, in 固, in 廛, 令 in 岭)
笔锋	the tip of a writing, calligraphy or drawing; stroke, touch
笔触	brush stroke in Chinese painting and calligraphy; brush work; style of drawing or writing
出锋	Qiangfeng: control your brush pen at the end of a stroke.
抢锋	Chufeng: extend your brush pen properly and stop at the end of a stroke.
余白	leaving spaces in between strokes of a character
空间	space arrangement of a character
挪让	proper arrangement of strokes of a character
穿插	insertion
宣纸	Xuan paper, a high quality paper made in Xuancheng, Anhui Province, esp.. good for traditional Chinese painting and calligraphy
砚台	ink-stone; ink-slab
墨	ink stick
墨汁	ink
毛笔	brush pen
字帖	scripts
示范	demonstration
字幅	calligraphy works
条幅	vertically-hung scroll
中堂	central scroll (hung in the middle of the wall of the main room)
手卷	hand scroll
横幅	horizontally-hung scroll

对联
对子

couplet
a pair of antithetical phrases, etc.